

Abbots Morton Village Hall

Autumn/Winter Newsletter

November 2018

Come to the Christmas Fayre
Saturday 17th November: 11am to 4pm



Buy Christmas gifts virtually on your doorstep by coming to the village hall's first Christmas Fayre. There'll be 13 tables with an impressive range of products on sale by reputable retailers, including a textile artist, jewellery and beauty products, Christmas cards and candles etc, Hillers food products.

Entry is free...come and browse the stalls and stock up on purchases well ahead of the Christmas rush. Tea/coffee and mince pies will be available and there'll be a splendid raffle.

Proceeds will be shared equally between Alzheimer's Research UK and the village hall funds. The Fayre runs from 11am in the morning to 4pm in the afternoon.

YOGA comes to the Village Hall



We have a yoga class in Abbots Morton...! Read more on Page 2

The yoga class being planned by Danielle Clarkesmith that we highlighted in the last Newsletter didn't happen because her husband secured a new job in Germany and the whole family have moved abroad...but

Yoga teacher Catherine Philips has taken up the slot

Catherine is teaching Hatha Yoga on Thursday evenings from 7pm to 8.30pm

She is currently a student teacher with the British Wheel of Yoga, studying for her teaching certificate. Catherine says: "The qualification is OFQUAL accredited and the highest level of teaching you can gain in the UK. During my classes at Abbots Morton I will guide you safely through your practice in a warm and friendly atmosphere.

"We will explore how our bodies move and stretch, building strength and having a bit of fun at the same time. I look forward to meeting you on the mat."

If you are interested in joining, contact Catherine on 07837 207192 or by e-mail at: cbandpiptrip@yahoo.com

TEA FOR TINNITUS

A big thank you to everyone who came to our first and very successful Tea for Tinnitus Drop-in on 29th September.

Around 50 people popped in between 11am and 1pm and enjoyed teas, coffees, cakes and a brunch of bacon and Lashford-sausage sandwiches. There was a wonderful tombola and a fabulous raffle whose first prize of a magnificent hamper of teapot and teacups and a range of teas was won by Doris Gisbourne of Alcester Road, Radford.



(Above) Melanie, Isobel and Grace Clarke on the Cake Stall



(Above) Enjoying a cuppa and cake on the patio

The event raised an excellent £260 for the British Tinnitus Association and £260 for village hall funds.

We'll have another Tea for Tinnitus next year, a week earlier, on Saturday 21st Sept 2019. It's not too early to save the date in your diary

Be an IT Girl, (or an IT Boy, IT Granny or IT Grandad)

The village hall committee is helping to publicise a group of Information Technology volunteers in Alcester who are helping people to use more effectively devices like lap top computers, iPads, smartphones, etc .

Everyone has different levels of expertise but we can all learn more, whether you're a relative novice or are pretty well accomplished.

On the second Wednesday of every month, you can go to the Conservative Club at 46 High Street, Alcester (between 10am and 12 noon, where the volunteers who will answer your IT queries, solve your problems, pass on tips, and give you advice generally.

If you are interested in going, the next session is **this Wednesday 14th November** from 10am to 12 noon. It is absolutely free. You can just drop in and spend as long or as little time there as you wish. Mark Hind is the man to ask for when you get there. You can also call Mark on 07967 591534 or email him on mehind@btinternet.com or Wendy Sherwood on 01789 766084

Pilates – Happy Anniversary, Pavla

We're delighted to say Happy Anniversary to Pavla Line's Pilates Class which has been running at the hall now for a year.

The class started on 4th September last year and 10 people take to the Pilates mats on Monday nights between 7.30pm and 8.30pm.

The class is run by Pavla Line from South Littleton near Evesham. She teaches Body Control Pilates which, she says, "focuses on good movement skills, step by step, which ultimately give you strength and flexibility".

Pavla is happy to receive enquiries from anyone who is interested in Pilates with a view to holding a new beginners' class if there are sufficient numbers. She also has a studio at home where she offers one to one sessions. Just call her on 07747 441148 or e-mail her on Pavline@aol.com for further details.

JUMP Dance Academy

...and the JUMP Dance Academy has almost completed two years at our Hall.

Helena Mitchell, from Redditch, brought her children's dance classes to Abbots Morton in January 2017. She runs her classes every Wednesday after school from 4pm to 5.45pm for children aged 3 and upwards. Helena is a trained dancer and qualified teacher with the Imperial Society of Teachers of Dancing and is always pleased to hear from any parents who are interested in their children joining. For the timetable and more information visit www.jumpdanceacademy.co.uk or contact Helena on 07572 042164.

Who'll be Using the Hall in 2019

As well as Pilates, Ballet and Yoga we're delighted to welcome back existing hirers and extend a warm welcome to new hirers in 2019

New Bookings:

May 2019 We're pleased to be the venue for a 21st birthday party for a young lady from Inkberrow.

June 2019 We're delighted to host the AGM of the Hereford Cattle Society

Return Bookings:

February 2019: Calling Young Disciples, (Church of England)

February 2019: Dudley's Coaches Staff Training Days

February/ March: Ultrasound Scanner presentation by Vetimage Ltd of Kent

If you'd like to hire Abbots Morton Village Hall for your family celebration, fund-raising event, business presentation or leisure activity..these are the current rates. They increase by a £1 an hour in the winter to cover extra heating costs.

		<u>Local</u>	<u>non-local</u>
SUMMER (April to end Sept)	Daytime (0900-1930)	£7.50per hour	£10 per hour
	Evening (19.30-2400)	£10 per hour	£12.50 per hour
WINTER (Oct to end March)	Daytime (0900-19.30)	£8.50 per hour	£11 per hour
	Evening (1930-24.00)	£11 per hour	£13.50 per hour

To make a booking simply call or text the Bookings Officer on 07766 524833 or e-mail him on colinlynnepemberton@supanet.com

EasyFundraising

Many of you are probably about to go Christmas shopping online...if you do, please consider registering with EasyFundraising to help boost the village hall funds.

Simply go to: easyfundraising.org.uk and follow the prompts to register Abbots Morton Village Hall as the cause you wish to support. Most major retailers from pet supplies to perfumes are signed up to EasyFundraising . They will pay a proportion of your spend to our cause once you've registered. We now have 21 supporters and I'm delighted to say that this year, to date, you've raised £139.66 for the village hall. Huge thanks to you all...!

Get in Touch

If you want to raise any question about the hall, please contact the Chair, Melanie Clarke at bettsphysio@btconnect.com or the Secretary, Lynne Pemberton, or any of the other Trustees who manage the hall on your behalf. They are:

Lynda Payne; Colin Pemberton, Antony Bunce, Richard Whitlow, Will Hill, Sarah Dykes.